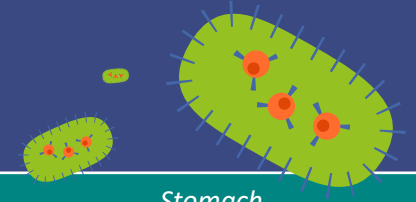


WHAT AM I SICK WITH?



	COVID-19 <i>(Coronavirus)</i>	Flu <i>(Influenza)</i>	<i>Common</i> Cold	<i>Stomach</i> Virus
Description	Caused by a new coronavirus called SARS-CoV-2. Symptoms can be mild to severe and generally appear two to 14 days after exposure.	Influenza is caused by influenza A and B viruses. Flu symptoms usually appear about one to four days after exposure. Symptoms come on suddenly and primarily affect the lungs and sinuses.	Also referred to as a head-cold or upper respiratory infection. Usually comes on gradually.	Sometimes misnamed “stomach flu.”* Usually caused by a virus, often norovirus. Also called gastroenteritis. Usually comes on suddenly.
Fever	Common, but not always present.	Usually 102°F, but can rise to 104°F and usually lasts 3 to 4 days.	Rare in adults and older children, but can be as high as 102°F in infants and small children.	Slight, rare
Loss of Taste or Smell	Yes	Rare	Sometimes: due to stuffy nose	Never
Headache	Common	Sudden onset, can be severe	Rare	Sometimes
Muscle Aches	Common	Usual, often severe	Mild	Sometimes
Tiredness/Weakness	Common	Can last 2 or more weeks	Mild	Sometimes
Extreme Exhaustion	Common	Sudden onset, can be severe	Sometimes	No
Congestion	Common	Sometimes	Often	No
Sneezing	No	Sometimes	Often	No
Sore Throat	Common (often scratchy)	Sometimes	Often	No
Cough	Common (usually dry)	Often, can become severe	Mild, hacking	No
Vomiting/Diarrhea	Sometimes	Sometimes; especially in children.	Sometimes	Yes



*This is not a form of influenza virus nor can the influenza vaccine protect against it. // Spokane Regional Health District assures nondiscrimination in accordance with Title VI of the Civil Rights Act of 1964 and the Americans with Disabilities Act. For more information, visit www.srhd.org. For more information, or to request reasonable accommodations or language translations or to file a complaint, contact 509.324.1501 (TDD 509.324.1464).