



WHAT AM I SICK WITH?

	COLD	FLU	STOMACH VIRUS
Description	Also referred to as a head-cold or upper respiratory infection. Usually comes on gradually.	Affects the lungs and sinuses. Usually comes on suddenly.	Sometimes misnamed "stomach flu".* Usually caused by a virus, often norovirus. Also called gastroenteritis. Usually comes on suddenly.
Fever	Rare in adults and older children, but can be as high as 102 F in infants and small children	Usually 102 F, but can rise to 104 F and usually lasts 3 to 4 days	Slight, rare
Headache	Rare	Sudden onset, can be severe	Sometimes
Muscle Aches	Mild	Usual, often severe	Sometimes
Tiredness/Weakness	Mild	Can last 2 or more weeks.	Sometimes
Extreme Exhaustion	Never	Sudden onset, can be severe	No
Runny Nose	Often	Sometimes	No
Sneezing	Often	Sometimes	No
Sore Throat	Often	Sometimes	No
Cough	Mild, Hacking	Often, can become severe	No
Vomiting/Diarrhea	Never	Sometimes, especially in children	Yes



* This is not a form of influenza virus nor can the influenza vaccine protect against it.