

ACCESS & FUNCTIONAL NEEDS

In Spokane County

Using the Federal Emergency Management Agency's comprehensive concept of preparing for the "whole community," Spokane Regional Health District compiled this infographic to help identify key demographics, including data about some of our most vulnerable citizens. This information provides leaders and citizens with a community profile to plan for all populations. Knowing our community's profile assists its leaders and citizens in creating a more resilient population.

Demographics

- 475,600 ● Total Population
- 136,487 ● Unincorporated Population
- 108,605 ● Children
- 62,540 ● Seniors
- 29,954 ● Foreign-Born
- 17,711 ● Single Working Parent
- 14,798 ● Non-English Speaking

65+ Years of Age
5,552

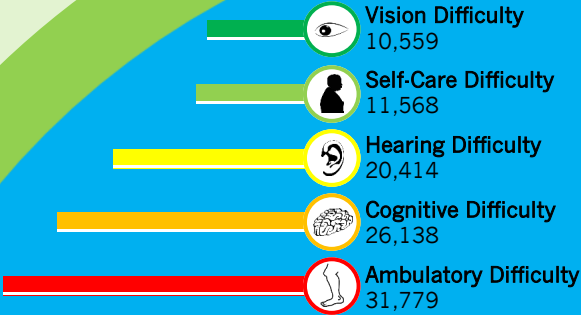
<18 Years of Age
17,979

18-64 Years of Age
44,936

Population at
100% Poverty
by Age

1 in 7
people live
with a
disability

Disability



124,071
food stamp
recipients

Economic

Housing & Transportation

Indicator	Population
People without Vehicles	14,715
Homeless	1,185
Nursing Home	2,111
Adult Family Homes	964
Institutional Facilities	5,666
College Student Housing	5,739
Military Base	2,776
Seniors Living Alone	17,799

173 adult family
homes

20 nursing
homes

791 low-income
housing units

Health & Literacy

22.9% of adults have
a medical condition
...
4.3% have a serious
mental illness

6,227 adults 25+
years of age have
below a ninth grade
literacy level

Resource Contact List

Disabilities

Vision Difficulty	
Lilac Services for the Blind	(509) 325-1442
Lighthouse for the Blind, Inc.	(509) 487-0405
Self-Care Difficulty	
SKILS' KIN	(509) 326-6760
Hearing Loss Difficulty	
Hearing Loss Center (HLC)	(509) 328-9220
Cognitive Difficulty	
Arc of Spokane	(509) 328-8100
Frontier Behavioral Health	(509) 838-4428
SL Start	(509) 328-2740
Ambulatory Difficulty	
CORD	(509) 328-2740

Housing and Transportation

People without Vehicles	
Spokane Transit Authority	(509) 328-7433
Homeless	
House of Charity	(509) 624-7821
Salvation Army Homeless Family	(509) 325-6810
VA Health Care for Homeless	(509) 624-4738
SNAP East	(509) 456-7106
Catholic Charities	(509) 358-4250
Nursing Home	
Nursing Homes Spokane	(509) 570-1438
Adult Family Home	
WA DSHS	(866) 556-5779

Institutional Facilities

Correctional Facilities	
Spokane County	(509) 477-3662
Nursing Facilities/Skilled Nursing Facilities	
WA DOH Nursing Accreditation	(360) 236-4700
In-Patient Hospice Facilities	
Hospice of Spokane	(509) 456-0438
Mental (Psychiatric) Hospitals	
Eastern State Hospital	(509) 299-3121

Institutional Facilities, continued...

Group Homes for Juveniles	
Spokane County	(509) 477-2462
Residential Treatment Centers for Juveniles	
WA DSHS	(509) 363-5048
College Student Housing	
Spokane Community College	(509) 533-7000
Spokane Falls Community College	(509) 533-3500
Whitworth	(509) 777-1000
Eastern Washington University	(509) 359-6200
Washington State University	(509) 323-2474
Gonzaga University	(800) 986.9585
Military Base	
Fairchild	(509) 247-1212
Seniors Living Alone	
Aging and Long-term Care	(509) 458-7450
Meals on Wheels	(509) 456-6597
Community Centers	
West Central	(509) 326-9540
East Central	(509) 625-6699
Northeast	(509) 487-1603
Peaceful Valley	(509) 624-8634
American Indian	(509) 535-0886
Martin Luther King, Jr.	(509) 455-8722
Southside Senior	(509) 535-0803
SNAP Fort Wright	(509) 456-7111
Food Bank	
Second Harvest	(509) 534-6678
Spokane Valley Partners	(509) 927-1153
Mental Health Services	
Frontier Behavioral Health	(509) 838-4428
First Call for Help	(509) 838-4428
Religious Organization	
Spokane Council of Ecumenical Ministries	(509) 329-1410
Fig Tree	(509) 535-4112
Low Income Housing	
Low Income Housing Resource Guide	
Salvation Army	(509) 329-2738
City of Spokane	(509) 625-6130

Definitions:

Seniors – 65 years of age or older.	coronary heart disease.
Immigrant – foreign born.	Serious mental illness – score of >13 on the Kessler-6 psychological distress scale.
Hearing difficulty – deaf or had serious difficulty hearing.	Adult family home – licensed to provide housing and care services for up to six adults in a regular house located in a residential neighborhood.
Vision difficulty – blind or serious difficulty seeing even when wearing glasses.	Nursing home – provides 24-hour supervised nursing care, personal care, therapy, nutrition management, organized activities, social services, room, board, and laundry.
Cognitive difficulty – serious difficulty concentrating, remembering, or making decisions.	Low-income housing – housing units managed by Spokane Housing Authority.
Ambulatory difficulty – serious difficulty walking or climbing stairs.	
Self-care difficulty – difficulty dressing or bathing.	
Medical condition – diabetes; asthma; history of a heart attack, angina, or	

Data Sources:

- U.S. Census Bureau, American Community Survey, 2011; disability, poverty by age, single parent, language, immigrant, people without vehicles, seniors living alone, literacy.
- U.S. Census Bureau, Census, 2010; college, military, and institutional housing.
- Washington State Office of Financial Management, 2012; population by age.
- Washington State Department of Social and Health Services, 2012; food stamps, nursing homes, adult family homes.
- Spokane Housing Authority, 2012; low-income and disabled housing units.
- U.S. Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey Data. Atlanta: U.S. Department of Health and Human Services, 2010; medical condition and mental illness.



Spokane Regional Health District

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June 2013