



Spokane Counts 2015

A summary of 59 selected public health indicators

Stroke (Adult)

Health Status



Indicator: Stroke (Adults)

Definition: Percent of adults who have ever had a stroke.

Why this is important: Stroke is the sixth leading cause of death in Spokane County. Modifying risk factors for stroke can greatly reduce the risk of having a stroke and the severity of its outcomes. Risk factors for stroke, such as physical inactivity, hypertension, and smoking are also risk factors for other chronic health conditions.

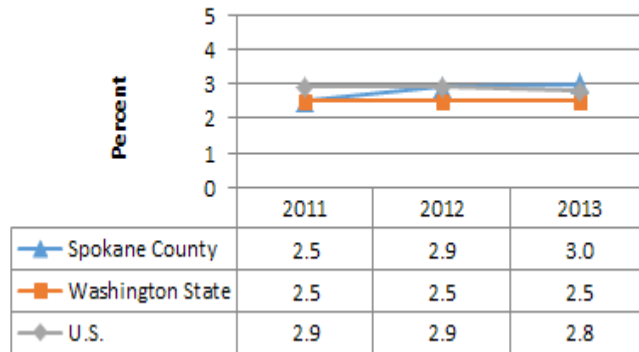
Where we are: In 2013 in Spokane County, 3.0% of adults reported they had ever had a stroke. The proportion of adults with a history of a stroke was stable from 2011 to 2013. Spokane County had a proportion of adults with a stroke similar to that of Washington and the United States in 2013.

Health Disparities:

Among adults in Spokane County in 2013:

- Adults 65 years of age or older were more likely than younger adults to have had a stroke.

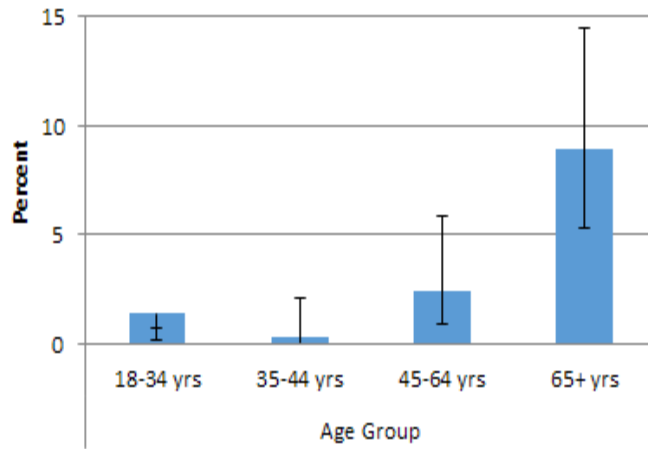
Adults With a Stroke Over Time



(click to enlarge)

There was no difference in having stroke rates by race, education level, income, or between males and females.

Disparities in Adults With a Stroke
Spokane County, 2013



(click to enlarge)

	Data Source	BRFSS, 2013
Geography	Spokane County	3.0% (1.9-4.7)
	Washington state	2.5% (2.2-2.9)
	United States	2.8%
Trend		11-13 No Trend
Age	Adults	
	18-34 yrs	1.4% (0.2-.7)
	35-44 yrs	0.3% (0.0-2.1)
	45-64 yrs	2.4% (0.9-5.9)
	65+ yrs	8.9% (5.3-14.5)
Sex	Male	3.2% (1.5-6.5)
	Female	2.8% (1.6-5.0)
		2011-2013
	White	2.5% (1.8-3.4)
	Non-white	4.7% (1.6-12.8)
Education	< High school	*
	High school	4.5% (2.0-9.8)
	Some college	2.3% (0.9-5.7)
	College graduate	2.6% (1.4-5.0)

Income	<\$25,000	2.0% (90.9-4.6)
	\$25,000-\$49,999	6.0% (2.6-11.6)
	\$50,000+	1.8% (0.6-5.0)

*=suppressed due to small numbers

Data Source: Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance System, supported in part by Centers for Disease Control and Prevention, Cooperative Agreement U58/SO000047-1 through 3 (2011-2013). Calculations and presentation of data by Spokane Regional Health District, Data Center.

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Demographics

Indicator Overview

Executive Summary

Performance Measures