



Spokane Counts 2015

A summary of 59 selected public health indicators

Sigmoidoscopy/Colonoscopy

Health Care



Indicator: Sigmoidoscopy/Colonoscopy (Adults)

Definition: Percent of adults 50 years of age or older who have ever had a colonoscopy or sigmoidoscopy.

Why this is important: Individuals should be screened for colorectal cancer soon after turning 50 years of age. Screening tests, such as a sigmoidoscopy or colonoscopy, can find precancerous polyps so they can be removed before turning cancerous. They can also detect cancer early when treatment is more effective.

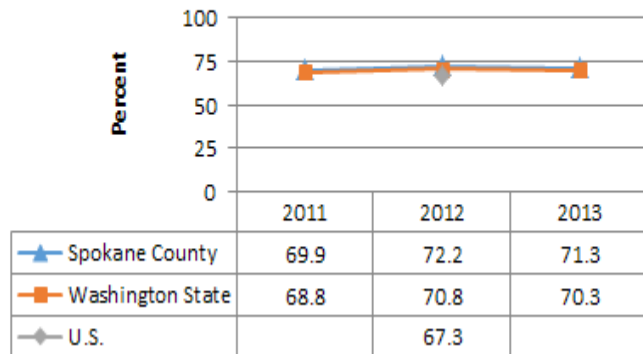
Where we are: In 2013 in Spokane County, 71.3% of adults 50 years of age or older reported they have had sigmoidoscopy or a colonoscopy. Spokane County had a similar proportion of adults having a sigmoidoscopy or colonoscopy as that of Washington state and the United States.

Health Disparities:

Among adults in Spokane County in 2013:

- Adults 65 years of age or older were more likely than adults 50-64 years

Having a Sigmoidoscopy or Colonoscopy Over Time



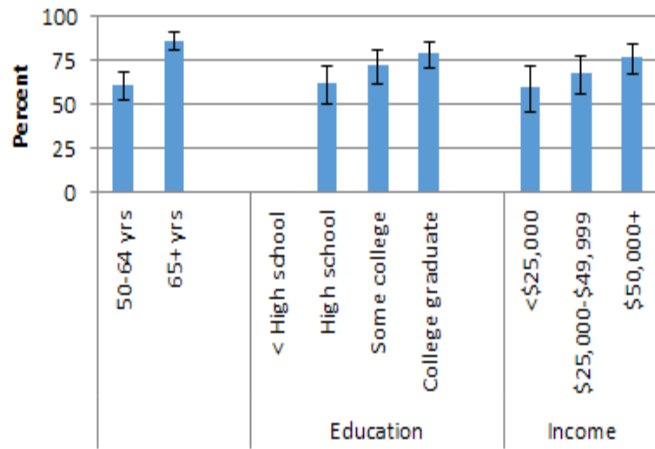
(click to enlarge)

of age to have ever had a sigmoidoscopy or colonoscopy.

- Adults with a college degree were more likely to have ever had a sigmoidoscopy or colonoscopy than adults with a lower education level.
- Having a sigmoidoscopy or colonoscopy increased as income increased.

There was no difference in having a sigmoidoscopy or colonoscopy between males and females.

Disparities in Having a Sigmoidoscopy or Colonoscopy, Spokane County, 2013



(click to enlarge)

	Data Source	BRFSS, 2013
Geography	Spokane County	71.3% (65.5-76.5)
	Washington state	70.3% (68.7-71.9)
	United States	67.3%
Trend		11-13 No Trend
Age	Adults	
	18-34 yrs	
	35-44 yrs	
	50-64 yrs	60.7% (52.4-68.5)
	65+ yrs	86.7% (80.6-91.2)
Sex	Male	67.7% (58.1-76.0)
	Female	74.4% (67.2-80.5)
Race		2011-2013
	White	71.3% (67.0-75.3)
	Non-white	*
Education	< High school	*
	High school	61.9% (50.3-72.2)
	Some college	72.6% (62.0-81.1)
	College graduate	79.0% (71.4-85.1)

Income	<\$25,000	60.1% (46.3-72.5)
	\$25,000-\$49,999	67.8% (56.2-77.5)
	\$50,000+	77.3% (68.0-84.5)

*=suppressed due to small numbers

Data Source: Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance System, supported in part by Centers for Disease Control and Prevention, Cooperative Agreement U58/SO000047-1 through 3 (2011-2013). Calculations and presentation of data by Spokane Regional Health District, Data Center.

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Demographics

Indicator Overview

Executive Summary

Performance Measures