



Spokane Regional Health District · [www.srhd.org](http://www.srhd.org)



# Spokane Counts 2015

A summary of 59 selected public health indicators

# Mammogram

Health Care



**Indicator:** Mammogram

**Definition:** Percent of women 40 years of age or older who have had a mammogram in the last year.

**Why this is important:** The National Cancer Institute recommends that women 40 years of age or older should have a mammogram every 1-2 years to screen for breast cancer. Spokane Regional Health District recommends a yearly screening. Mammograms are the best method to detect breast cancer early when it is easier to treat and before it is big enough to feel or cause symptoms.

**Where we are:** In 2013 in Spokane County, 58.1% of women 40 years of age or older reported having a mammogram in the last year. The proportion of women receiving a mammogram was stable from 2011 to 2013. Spokane County had a similar proportion of women receiving a mammogram as that of Washington state.

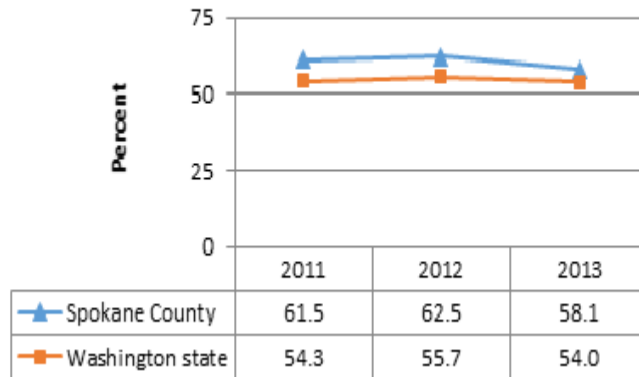
### Health Disparities:

Among adults in Spokane County in 2013:

- Having a mammogram in the last year increased as age increased.
- The proportion of women having a mammogram in the last year was significantly less among the lower income group.

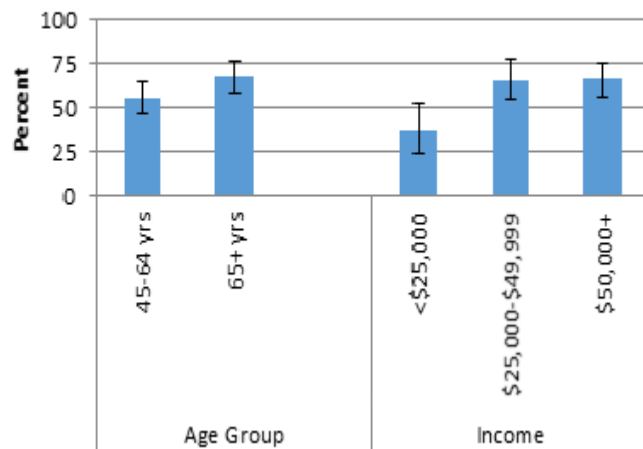
There was no difference in having a mammogram by education level.

### Having a Mammogram Over Time



*(click to enlarge)*

### Disparities in Having a Mammogram Spokane County, 2013



*(click to enlarge)*

Data Source      BRFSS, 2013

Geography    Spokane County    58.1% (51.1-64.8)  
                   Washington state    54.0% (52.0-55.9)  
                   United States

	Trend	11-13 No Trend
Age	Adults	
	18-39 yrs	
	40-44 yrs	*
	45-64 yrs	56.1% (46.7-65.1)
	65+ yrs	68.0% (58.5-76.2)
Race	White	57.5% (50.3-64.4)
	Non-white	*
Education	< High school	*
	High school	54.3% (40.9-67.1)
	Some college	57.6% (45.0-69.3)
	College graduate	66.3% (56.3-75.0)
Income	<\$25,000	37.7% (24.7-52.7)
	\$25,000-\$49,999	66.0% (54.5-78.0)
	\$50,000+	66.7% (56.3-75.8)

\* =suppressed due to small numbers

---

**Data Source:** Washington State Department of Health, Center for Health Statistics, Behavioral Risk Factor Surveillance System, supported in part by Centers for Disease Control and Prevention, Cooperative Agreement U58/SO000047-1 through 3 (2011-2013). Calculations and presentation of data by Spokane Regional Health District, Data Center.

Spokane Regional Health District · Data Center · 1101 W College Ave, Room 356, Spokane, WA 99201  
509.323.2853 | FAX 509.232.1706 | TDD 509.324.1464 · [www.srhd.org/spokanecounts](http://www.srhd.org/spokanecounts)

Demographics

Indicator Overview

Executive Summary

Performance Measures