Psittacosis causes flu-like symptoms in people. It can also lead to pneumonia and other serious health problems, especially in elderly or immune suppressed people.

You can get psittacosis by breathing in the bacteria found in feather dust, nasal discharges or dried droppings from an infected bird.

Healthy-looking birds can shed the harmful psittacosis bacteria off and on. All pet birds are susceptible to infection, including parrots, macaws, cockatoos, cockatiels, lovebirds, and parakeets. Birds stressed by relocation, shipping, overcrowding, chilling or breeding are more likely to shed the bacteria and to become sick themselves.

**SYMPTOMS OF ILLNESS**

**In People**
- Fever
- Headache
- Chills
- Coughing
- Sore throat
- Muscle aches

**In Birds**
- Poor appetite
- Ruffled feathers
- Eye or nose discharge
- Coughing & sneezing
- Lethargy
- Diarrhea

If you develop signs and have been near pet birds, contact your health care provider. If your bird develops signs, contact your veterinarian.

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