## COOKING TEMPERATURES

## MINIMUM TEMPERATURES

Must be maintained for at least 15 seconds\*



135°F Wild-harvested mushrooms cooked for immediate service and fresh produce intended for hot holding



130°F - 158°F\*
Roast beef, roast pork and ham



145°F
Whole muscle, intact beef steak
(must achieve a cooked color change
on all external surfaces)



**145°F**Eggs, fish, solid meat, pork



155°F Ground meat and ground fish, sausage, restructured or injected meats, pooled eggs



165°F Poultry, stuffed meats, stuffed fish, stuffed pasta, stuffing containing fish, meat or poultry

## **TEMPERATURE ZONES**

