

The Spokane Regional Health District offers the following resources:

☞ **SRHD Health Information** line on head lice **509.323.2847**

☞ **Educational Materials**, **509.324.1530**

No More Lice! Spokane County Guidelines for Controlling Head Lice (free)
Head lice information and resources, including "Setting Up A Lice Control Program/Policy."

Head Lice: Examine, Treat, and Comb brochure and interactive CD presentation (free) Brochures are available in Spanish, Russian, Bosnian, Hmong, and Vietnamese.

How to Comb Out Head Lice 8-min. VHS/DVD (\$5 ea., Order form below).

No More Lice! coloring book (free) Coloring book available in Spanish, Russian, Bosnian, and Vietnamese.

☞ **Technical assistance** available from clinic staff **509.324.1600** or health educators **509.324.1530**

☞ **Head Lice Examination:** Office visit fee may be reduced based on family size and income at SRHD clinic, 1101 West College Avenue, **509.324.1600**

☞ **Website** information on lice at www.srhd.org/headlice

Illustrations by:
Mike Carroll

This coloring book is provided compliments of:



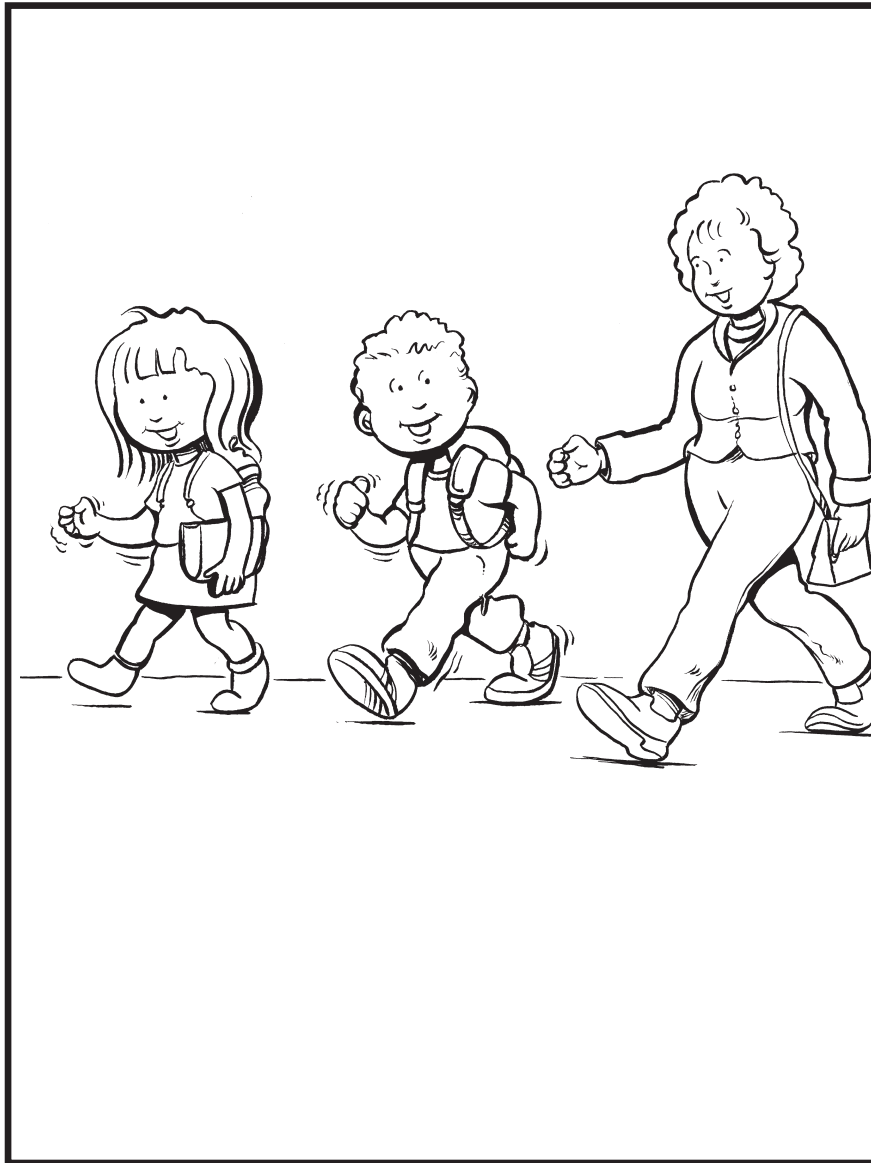
1101 West College Avenue | Spokane, WA 99201-2095
Head Lice Information Line: 509.323.2847 | Clinic: 509.324.1600
Materials: 509.324.1530 | TDD: 509.324.1464

No More Lice!



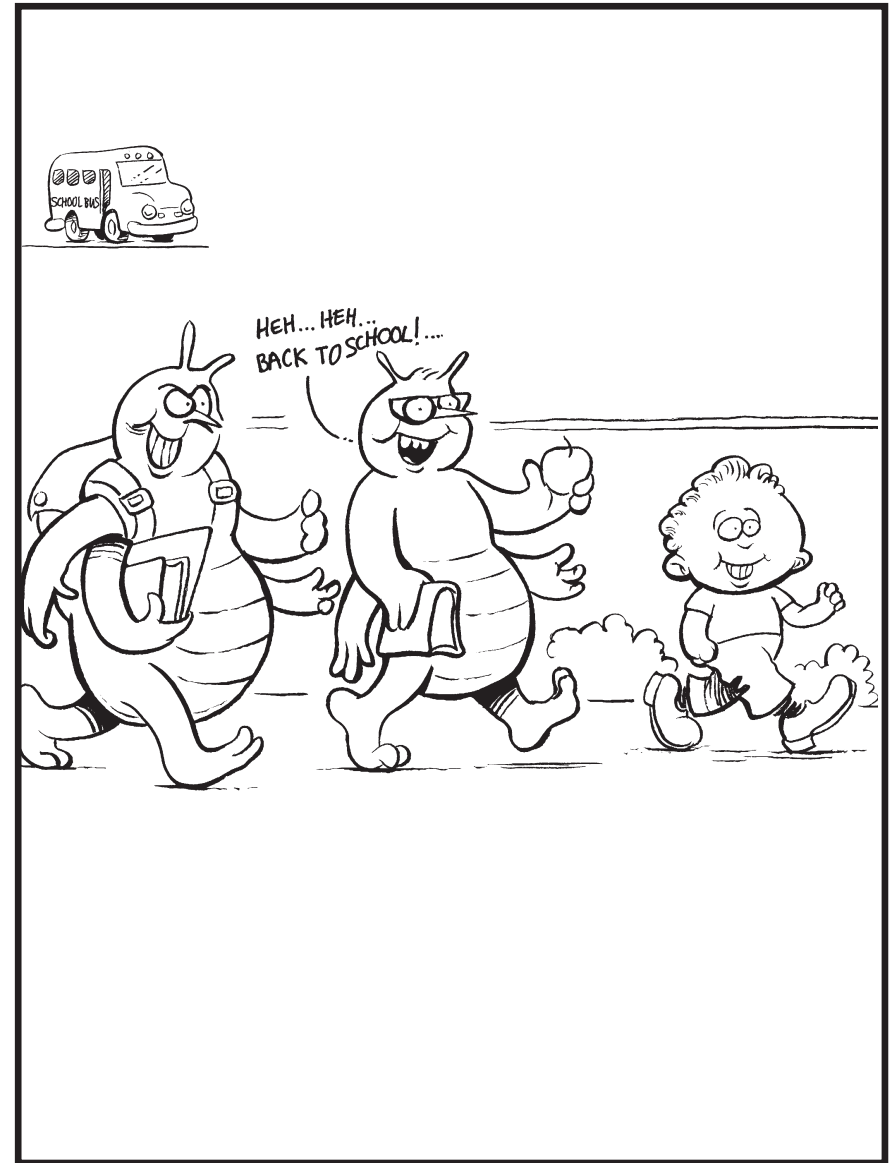
A coloring book about lice treatment & prevention.

Great Job!



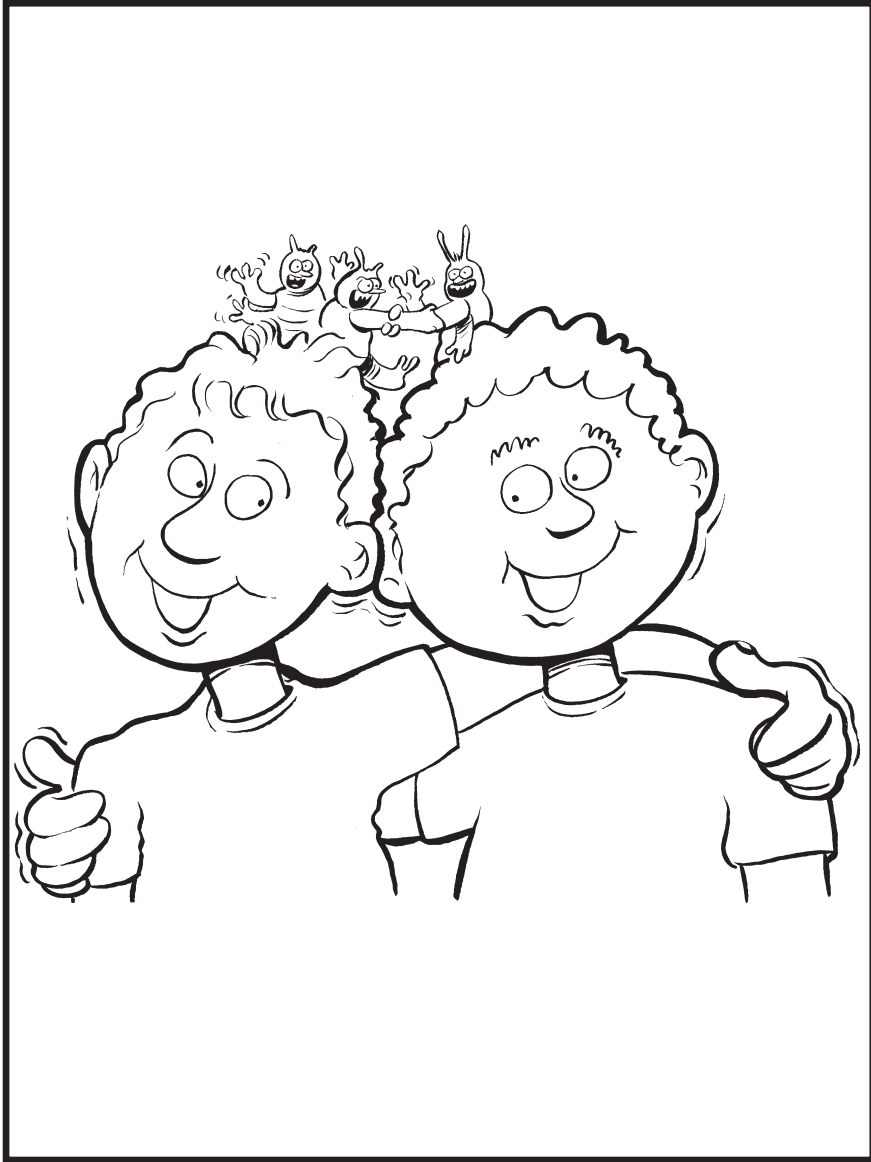
No more lice!

Head Lice...



Children who bring lice to school can pass them to other kids.

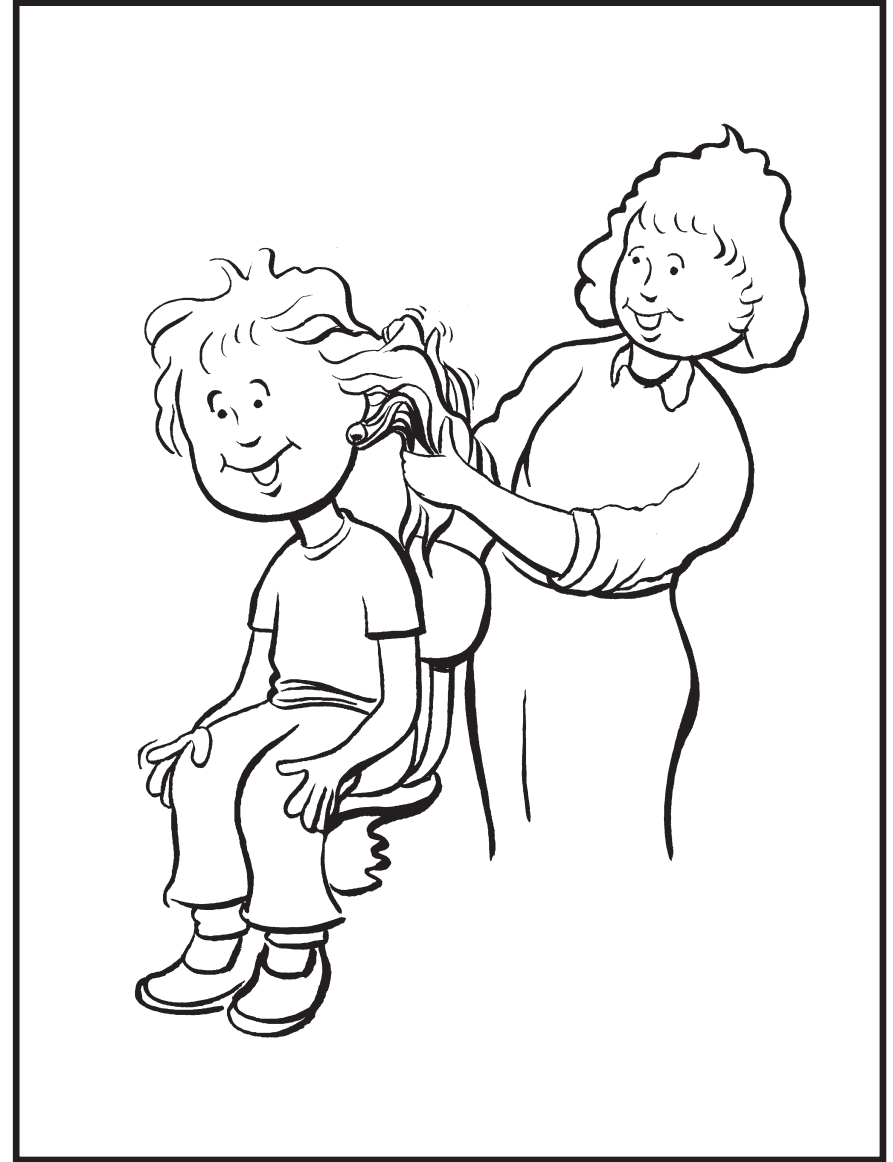
Getting them...



Lice can't fly or jump, but they crawl fast from one head to another.

2

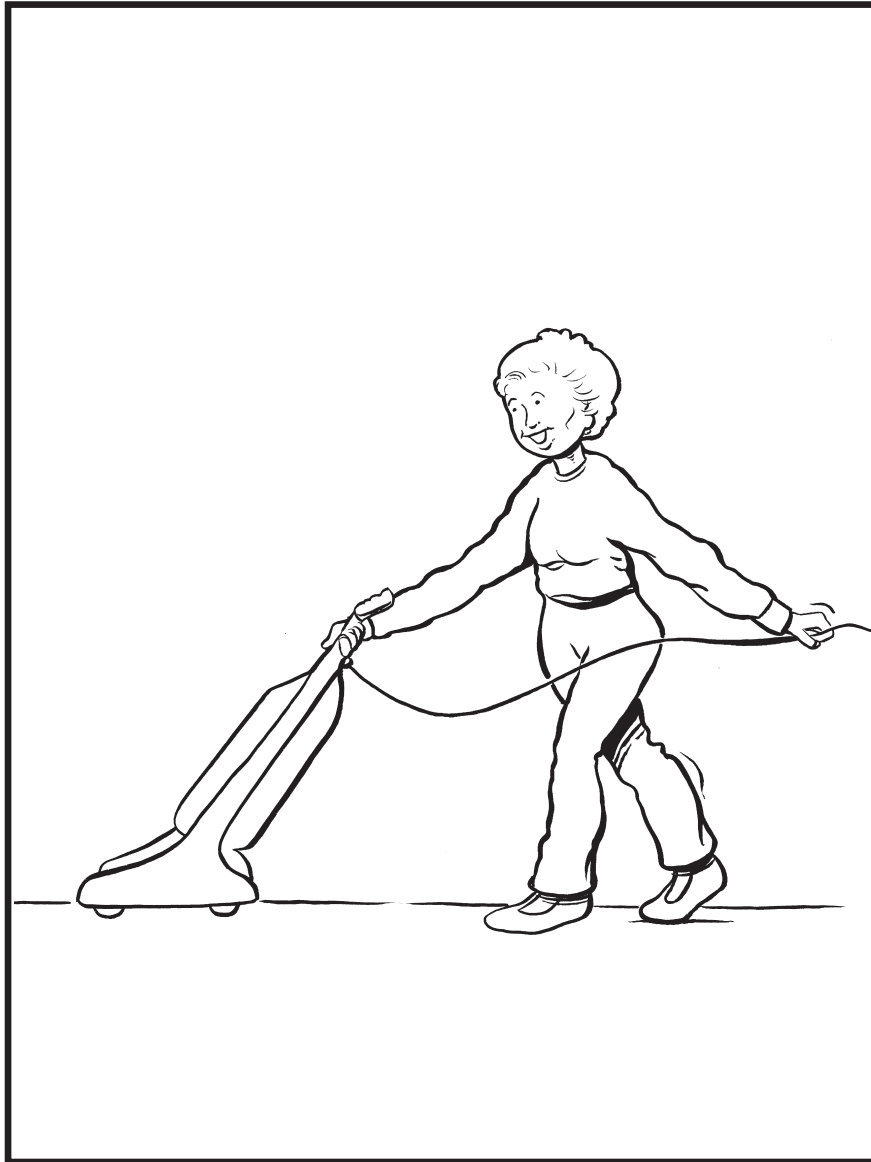
Making sure they're gone...



Keep checking everyone in the home for one week after the last egg was removed.

7

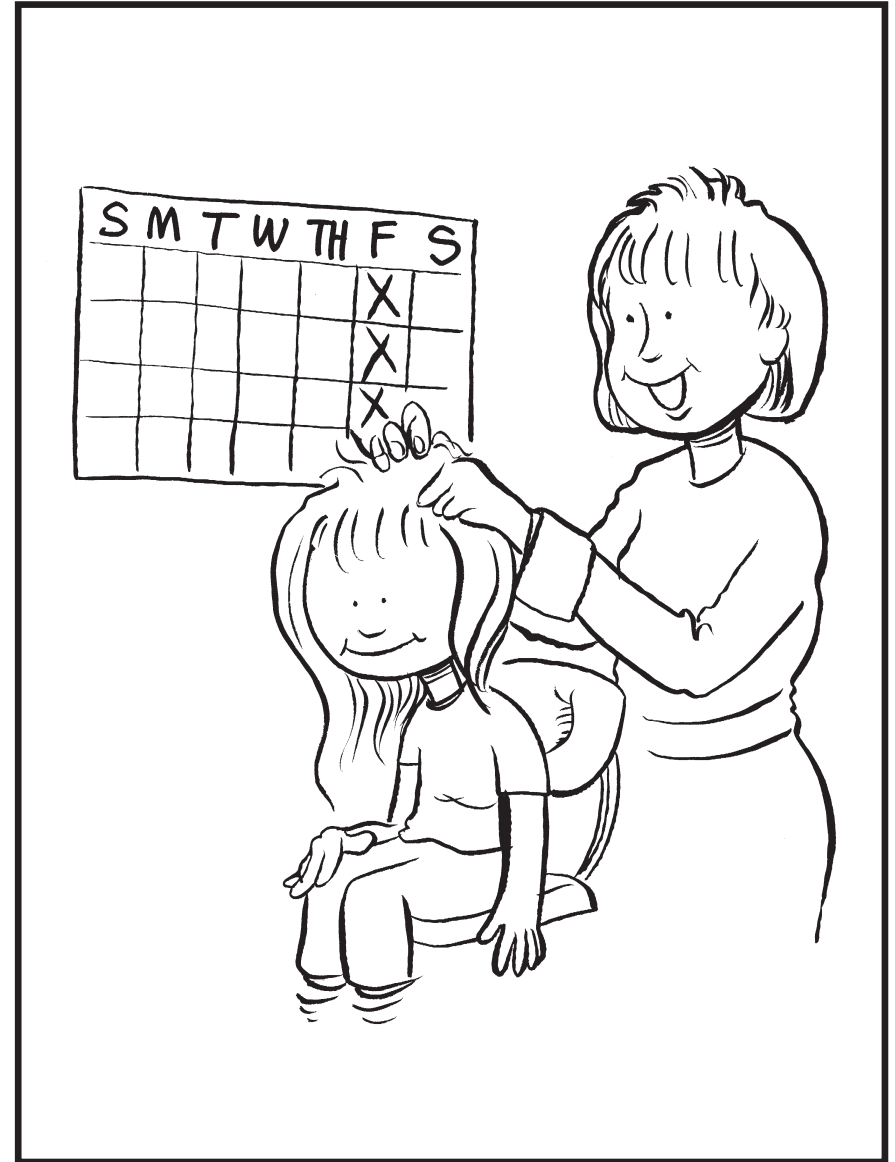
Keeping cleaning simple...



Only regular house cleaning is needed.
Focus your energy on combing.

6

Regular checking...



Parents should check their child's head
for lice once a week.

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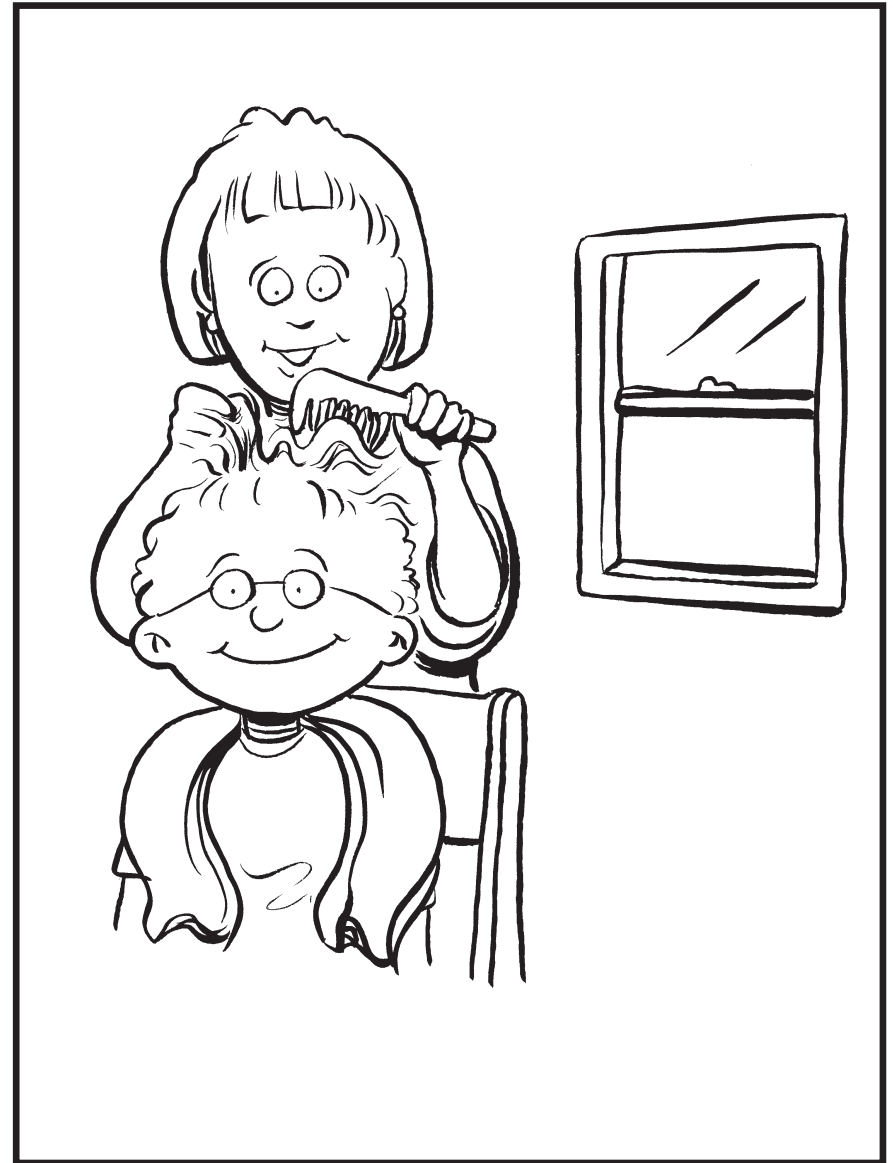
Getting rid of them...



Lice shampoos and rinses can help.
Always follow the directions.

4

Spending time combing...



Use a special lice comb to remove every bug and egg. **Combing is the most important step!**

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