

HUNGER RELIEF

Get Involved

How community members can help with hunger relief efforts in Spokane County.

VOLUNTEER



Local hunger relief organizations need volunteers and community partners to help collect, distribute and serve food.



DONATE MONEY



Financial contributions can help organizations to purchase safe, healthy food options in bulk to help more individuals in need.

DONATE FOOD



Due to a lack of access to food, medical care and shelter, individuals in need are more likely to become ill from improperly handled food.

No home-prepared food or food requiring temperature control for safety can be accepted by hunger relief agencies or distributed to the public.

Bacteria can grow quickly in foods like meats, dairy products and cooked vegetables. Foods provided to those in need must be prepared and handled according to law in approved or licensed kitchens.

Only the following foods can be safely donated to hunger relief agencies.



Commercially Packaged Shelf-Stable Foods

Product packaging and cans must be intact and in good condition.



Fresh Produce

Homegrown or other fresh, uncut produce may be donated.

Non-profit groups planning to participate in food distribution should:

1. Contact SRHD at FoodSafetyProgram@srhd.org to find out what steps are required to obtain approval prior to starting food distribution.
2. Contact the volunteer groups listed above to find out how to help provide food to those in need.



Food Safety Program
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Questions? Email FoodSafetyProgram@srhd.org