Using the Federal Emergency Management Agency’s comprehensive concept of preparing for the “whole community,” Spokane Regional Health District compiled this infographic to help identify key demographics, including data about some of our most vulnerable citizens. This information provides leaders and citizens with a community profile to plan for all populations. Knowing our community’s profile assists its leaders and citizens in creating a more resilient population.

**Disability**

- Vision Difficulty: 12,006
- Self-Care Difficulty: 14,318
- Hearing Difficulty: 26,145
- Cognitive Difficulty: 32,119
- Ambulatory Difficulty: 36,375

**In Spokane County**

- 7,122 adults 25+ years of age have below a ninth grade literacy level
- 20.9% of adults have a medical condition
- 2.8% have a serious mental illness

**Economic**

- Household without Vehicles: 14,583
- Homeless: 1,149
- Nursing Home: 2,118
- Adult Family Homes: 911
- Institutional Facilities: 5,666
- College Student Housing: 5,739
- Military Base: 2,776
- Seniors Living Alone: 20,427
- Seniors Living Alone: 20,427
- Homeless: 1,149
- Nursing Home: 2,118
- Adult Family Homes: 911
- Institutional Facilities: 5,666
- College Student Housing: 5,739
- Military Base: 2,776
- Seniors Living Alone: 20,427
- College Student Housing: 5,739
- Military Base: 2,776
- Seniors Living Alone: 20,427

**Health & Literacy**

- Low-income housing units: 846
- 20 nursing homes
- 163 adult family homes
- 125,380 food stamp recipients
- Population at 100% Poverty by Age:
  - <18 Years: 21,751
  - 18-64 Years: 49,053
  - 65+ Years: 6,113
Resource Contact List

Disabilities

Employment Assistance
Vocational Rehabilitation .................................. (509) 363-4700

Vision Difficulty
Lilac Services for the Blind ................................ (509) 328-9116
Lighthouse for the Blind, Inc. .......................... (509) 487-0405

Self-Care Difficulty
SKILLS’KIN ............................................... (509) 326-6760

Hearing Loss Difficulty

Cognitive Difficulty
Are of Spokane ............................................. (509) 328-6326
Frontier Behavioral Health ............................... (509) 838-4428
SL Start ..................................................... (509) 328-2740

Ambulatory Difficulty
CORD ....................................................... (509) 326-6355

Housing and Transportation

People without Vehicles
Spokane Transit Authority ............................... (509) 328-7433

Homeless
House of Charity ........................................... (509) 624-7821
Salvation Army Homeless Family .................... (509) 325-6810
VA Health Care for Homeless ......................... (509) 624-4738
SNAP East .................................................. (509) 456-7627
Catholic Charities ......................................... (509) 358-4250

Adult Family Home
WA DSHS .................................................. (866) 556-5779

Institutional Facilities

Correctional Facilities
Spokane County ............................................ (360) 725-8213

Nursing Facilities/Skilled Nursing Facilities
WA DOH Nursing Accreditation ....................... (360) 236-4700

In-Patient Hospice Facilities
Hospice of Spokane ....................................... (509) 456-0438

Mental (Psychiatric) Hospitals
Eastern State Hospital ................................... (509) 565-4352

Institutional Facilities, continued...

Group Homes for Juveniles
Spokane County ........................................... (509) 477-2462

Residential Treatment Centers for Juveniles
WA DSHS ................................................... (509) 363-5048

College Student Housing
Spokane Community College ........................... (509) 533-8657
Spokane Falls Community College .................. (509) 533-3500
Whitworth .................................................. (509) 777-4533
Eastern Washington University ....................... (509) 359-6200
Washington State University ........................ (509) 323-2474
Gonzaga University ...................................... (509) 313-4103

Military Base
Fairchild .................................................... (509) 247-1212

Seniors Living Alone
Aging and Long-term Care ............................. (509) 458-2509
Meals on Wheels ......................................... (509) 456-6597

Community Centers
West Central ................................................. (509) 326-9540
East Central ............................................... (509) 868-0856
Northeast .................................................... (509) 487-1603
Southwest ................................................... (509) 385-4896
American Indian .......................................... (509) 535-0886
Martin Luther King, Jr. ................................. (509) 455-8722
Southside Senior ......................................... (509) 535-0803
SNAP Fort Wright ......................................... (509) 456-7627

Food Bank
Second Harvest ............................................ (509) 534-6678
Spokane Valley Partners ............................... (509) 927-1153

Mental Health Services
Frontier Behavioral Health .................. (509) 838-4428
First Call for Help ....................................... (509) 838-4651

Religious Organization
Fig Tree ...................................................... (509) 535-4112

Low Income Housing
Low Income Housing Resource Guide
Salvation Army ............................................. (509) 329-2738
City of Spokane .......................................... (509) 625-6130

Definitions:

Seniors – 65 years of age or older.
Immigrant – foreign born.
Hearing difficulty – deaf or had serious difficulty hearing.
Vision difficulty – blind or serious difficulty seeing even when wearing glasses.
Cognitive difficulty – serious difficulty concentrating, remembering, or making decisions.
Ambulatory difficulty – serious difficulty walking or climbing stairs.
Self-care difficulty – difficulty dressing or bathing.
Medical condition – diabetes; asthma; history of a heart attack, angina, or coronary heart disease.

Serious mental illness – score of ≥13 on the Kessler-6 psychological distress scale.
Adult family home – licensed to provide housing and care services for up to six adults in a regular house located in a residential neighborhood.
Nursing home – provides 24-hour supervised nursing care, personal care, therapy, nutrition management, organized activities, social services, room, board, and laundry.
Low-income housing – housing units managed by Spokane Housing Authority.

Data Sources:

• U.S. Census Bureau, American Community Survey, 2014; disability, poverty by age, single parent, language, immigrant, people without vehicles, seniors living alone, literacy.
• U.S. Census Bureau, Census, 2010; college, military, and institutional housing.
• Washington State Department of Social and Health Services, 2014; food stamps, nursing homes, adult family homes.
• Spokane Housing Authority, 2012; low-income and disabled housing units.
• Spokane Regional Continuums of Care, Point-in-Time Count, 2014.