

# ACCESS & FUNCTIONAL NEEDS

In Spokane County

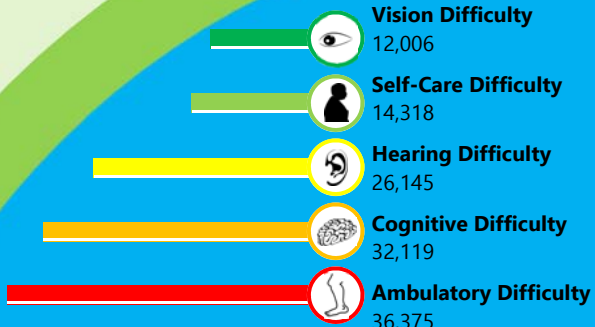
Using the Federal Emergency Management Agency's comprehensive concept of preparing for the "whole community," Spokane Regional Health District compiled this infographic to help identify key demographics, including data about some of our most vulnerable citizens. This information provides leaders and citizens with a community profile to plan for all populations. Knowing our community's profile assists its leaders and citizens in creating a more resilient population.

65+ Years of Age  
**6,113**

<18 Years of Age  
**21,751**

18-64 Years of Age  
**49,053**

Population at 100% Poverty by Age



**1 in 6** people live with a disability



## Disability

## Demographics

- 484,500** ● Total Population
- 139,904** ● Unincorporated Population
- 110,834** ● Children
- 70,483** ● Seniors
- 26,073** ● Foreign-Born
- 17,628** ● Single Working Parent
- 17,564** ● Non-English Speaking

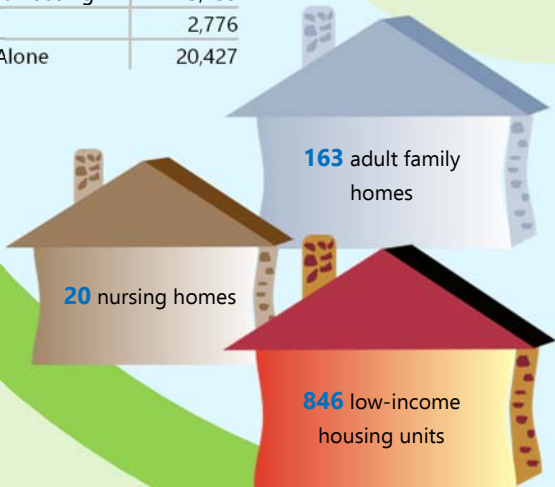
**125,380** food stamp recipients



## Economic

## Housing & Transportation

Indicator	Population
Household without Vehicles	14,583
Homeless	1,149
Nursing Home	2,118
Adult Family Homes	911
Institutional Facilities	5,666
College Student Housing	5,739
Military Base	2,776
Seniors Living Alone	20,427



## Health & Literacy



**20.9%** of adults have a medical condition  
...  
**2.8%** have a serious mental illness



**7,122** adults 25+ years of age have below a ninth grade literacy level

# Resource Contact List

## Disabilities

### **Employment Assistance**

[Vocational Rehabilitation](#) ..... (509) 363-4700

### **Vision Difficulty**

[Lilac Services for the Blind](#) ..... (509) 328-9116

[Lighthouse for the Blind, Inc.](#) ..... (509) 487-0405

### **Self-Care Difficulty**

[SKILS' KIN](#) ..... (509) 326-6760

### **Hearing Loss Difficulty**

[Nexus](#) ..... (509) 328-9220

### **Cognitive Difficulty**

[Arc of Spokane](#) ..... (509) 328-6326

[Frontier Behavioral Health](#) ..... (509) 838-4428

[SL Start](#) ..... (509) 328-2740

### **Ambulatory Difficulty**

[CORD](#) ..... (509) 326-6355

## Housing and Transportation

### **People without Vehicles**

[Spokane Transit Authority](#) ..... (509) 328-7433

### **Homeless**

[House of Charity](#) ..... (509) 624-7821

[Salvation Army Homeless Family](#) ..... (509) 325-6810

[VA Health Care for Homeless](#) ..... (509) 624-4738

[SNAP East](#) ..... (509) 456-7627

[Catholic Charities](#) ..... (509) 358-4250

### **Adult Family Home**

[WA DSHS](#) ..... (866) 556-5779

## Institutional Facilities

### **Correctional Facilities**

[Spokane County](#) ..... (360) 725-8213

### **Nursing Facilities/Skilled Nursing Facilities**

[WA DOH Nursing Accreditation](#) ..... (360) 236-4700

### **In-Patient Hospice Facilities**

[Hospice of Spokane](#) ..... (509) 456-0438

### **Mental (Psychiatric) Hospitals**

[Eastern State Hospital](#) ..... (509) 565-4352

## Institutional Facilities, continued...

### **Group Homes for Juveniles**

[Spokane County](#) ..... (509) 477-2462

### **Residential Treatment Centers for Juveniles**

[WA DSHS](#) ..... (509) 363-5048

### **College Student Housing**

[Spokane Community College](#) ..... (509) 533-8657

[Spokane Falls Community College](#) ..... (509) 533-3500

[Whitworth](#) ..... (509) 777-4533

[Eastern Washington University](#) ..... (509) 359-6200

[Washington State University](#) ..... (509) 323-2474

[Gonzaga University](#) ..... (509) 313-4103

### **Military Base**

[Fairchild](#) ..... (509) 247-1212

### **Seniors Living Alone**

[Aging and Long-term Care](#) ..... (509) 458-2509

[Meals on Wheels](#) ..... (509) 456-6597

### **Community Centers**

[West Central](#) ..... (509) 326-9540

[East Central](#) ..... (509) 868-0856

[Northeast](#) ..... (509) 487-1603

[Southwest](#) ..... (509) 385-4896

[American Indian](#) ..... (509) 535-0886

[Martin Luther King, Jr.](#) ..... (509) 455-8722

[Southside Senior](#) ..... (509) 535-0803

[SNAP Fort Wright](#) ..... (509) 456-7627

### **Food Bank**

[Second Harvest](#) ..... (509) 534-6678

[Spokane Valley Partners](#) ..... (509) 927-1153

### **Mental Health Services**

[Frontier Behavioral Health](#) ..... (509) 838-4428

[First Call for Help](#) ..... (509) 838-4651

### **Religious Organization**

[Fig Tree](#) ..... (509) 535-4112

### **Low Income Housing**

[Low Income Housing Resource Guide](#)

[Salvation Army](#) ..... (509) 329-2738

[City of Spokane](#) ..... (509) 625-6130

## Definitions:

**Seniors** – 65 years of age or older.

**Immigrant** – foreign born.

**Hearing difficulty** – deaf or had serious difficulty hearing.

**Vision difficulty** – blind or serious difficulty seeing even when wearing glasses.

**Cognitive difficulty** – serious difficulty concentrating, remembering, or making decisions.

**Ambulatory difficulty** – serious difficulty walking or climbing stairs.

**Self-care difficulty** – difficulty dressing or bathing.

**Medical condition** – diabetes; asthma; history of a heart attack, angina, or coronary heart disease.

**Serious mental illness** – score of >13 on the Kessler-6 psychological distress scale.

**Adult family home** – licensed to provide housing and care services for up to six adults in a regular house located in a residential neighborhood.

**Nursing home** – provides 24-hour supervised nursing care, personal care, therapy, nutrition management, organized activities, social services, room, board, and laundry.

**Low-income housing** – housing units managed by Spokane Housing Authority.

## Data Sources:

- U.S. Census Bureau, American Community Survey, 2014; disability, poverty by age, single parent, language, immigrant, people without vehicles, seniors living alone, literacy.
- U.S. Census Bureau, Census, 2010; college, military, and institutional housing.
- Washington State Office of Financial Management, 2014; population by age.
- Washington State Department of Social and Health Services, 2014; food stamps, nursing homes, adult family homes.
- Spokane Housing Authority, 2012; low-income and disabled housing units.
- U.S. Centers for Disease Control and Prevention. Behavioral Risk Factor Surveillance System Survey Data. Atlanta: U.S. Department of Health and Human Services, 2014; medical condition and mental illness.
- Spokane Regional Continuums of Care, Point-in-Time Count, 2014.



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