Using the Federal Emergency Management Agency’s comprehensive concept of preparing for the “whole community,” Spokane Regional Health District compiled this infographic to help identify key demographics, including data about some of our most vulnerable citizens. This information provides leaders and citizens with a community profile to plan for all populations. Knowing our community’s profile assists its leaders and citizens in creating a more resilient population.

**ACCESS & FUNCTIONAL NEEDS**

In Spokane County

**Disability**

- Vision Difficulty: 10,559
- Self-Care Difficulty: 11,568
- Hearing Difficulty: 20,414
- Cognitive Difficulty: 26,138
- Ambulatory Difficulty: 31,779

1 in 7 people live with a disability

**Housing & Transportation**

- People without Vehicles: 14,715
- Homeless: 1,185
- Nursing Home: 2,111
- Adult Family Homes: 964
- Institutional Facilities: 5,666
- College Student Housing: 5,739
- Military Base: 2,776
- Seniors Living Alone: 17,799

**Population at 100% Poverty by Age**

- <18 Years of Age: 17,979
- 18-64 Years of Age: 44,936
- 65+ Years of Age: 5,552

**Economic**

- Food stamp recipients: 124,071

**Health & Literacy**

- 22.9% of adults have a medical condition...
- 4.3% have a serious mental illness
- 20 nursing homes
- 791 low-income housing units
- 6,227 adults 25+ years of age have below a ninth grade literacy level

**Demographics**

- Total Population: 475,600
- Unincorporated Population: 136,487
- Children: 108,605
- Seniors: 62,540
- Foreign-Born: 29,954
- Single Working Parent: 17,711
- Non-English Speaking: 14,798

1 in 7 people live with a disability
### Disabilities

**Vision Difficulty**
- Lilac Services for the Blind (509) 325-1442
- Lighthouse for the Blind, Inc. (509) 487-0405

**Self-Care Difficulty**
- SKILS’KIN (509) 326-6760

**Hearing Loss Difficulty**
- Hearing Loss Center (HLC) (509) 328-9220

**Cognitive Difficulty**
- Arc of Spokane (509) 328-8100
- Frontier Behavioral Health (509) 838-4428
- SL Start (509) 328-2740

**Ambulatory Difficulty**
- CORD (509) 328-2740

### Institutional Facilities, continued...

**Group Homes for Juveniles**
- Spokane County (509) 477-2462

**Residential Treatment Centers for Juveniles**
- WA DSHS (509) 363-5048

**College Student Housing**
- Spokane Community College (509) 533-7000
- Spokane Falls Community College (509) 533-3500
- Whitworth (509) 777-1000
- Eastern Washington University (509) 359-6200
- Washington State University (509) 323-2474
- Gonzaga University (800) 986.9585

**Military Base**
- Fairchild (509) 247-1212

**Seniors Living Alone**
- Aging and Long-term Care (509) 458-7450
- Meals on Wheels (509) 456-6597

**Community Centers**
- West Central (509) 326-9540
- East Central (509) 625-6699
- Northeast (509) 487-1603
- Peaceful Valley (509) 624-8634
- American Indian (509) 535-0886
- Martin Luther King, Jr. (509) 455-8722
- Southside Senior (509) 535-0803
- SNAP Fort Wright (509) 456-7111

**Food Bank**
- Second Harvest (509) 534-6678
- Spokane Valley Partners (509) 927-1153

**Mental Health Services**
- Frontier Behavioral Health (509) 838-4428
- First Call for Help (509) 838-4428

**Religious Organization**
- Spokane Council of Ecumenical Ministries (509) 329-1410
- Fig Tree (509) 535-4112

**Low Income Housing**
- Low Income Housing Resource Guide (509) 329-2738
- Salvation Army (509) 4428
- City of Spokane (509) 625-6130

### Definitions:

- **Seniors** – 65 years of age or older.
- **Immigrant** – foreign born.
- **Hearing difficulty** – deaf or had serious difficulty hearing.
- **Vision difficulty** – blind or serious difficulty seeing even when wearing glasses.
- **Cognitive difficulty** – serious difficulty concentrating, remembering, or making decisions.
- **Ambulatory difficulty** – serious difficulty walking or climbing stairs.
- **Self-care difficulty** – difficulty dressing or bathing.
- **Medical condition** – diabetes; asthma; history of a heart attack, angina, or coronary heart disease.
- **Serious mental illness** – score of >13 on the Kessler-6 psychological distress scale.
- **Adult family home** – licensed to provide housing and care services for up to six adults in a regular house located in a residential neighborhood.
- **Nursing home** – provides 24-hour supervised nursing care, personal care, therapy, nutrition management, organized activities, social services, room, board, and laundry.
- **Low-income housing** – housing units managed by Spokane Housing Authority.

### Data Sources:

- U.S. Census Bureau, American Community Survey, 2011; disability, poverty by age, single parent, language, immigrant, people without vehicles, seniors living alone, literacy.
- U.S. Census Bureau, Census, 2010; college, military, and institutional housing.
- Washington State Department of Social and Health Services, 2012; food stamps, nursing homes, adult family homes.
- Spokane Housing Authority, 2012; low-income and disabled housing units.