

The regular meeting of the Spokane Regional Health District Board of Health held on Thursday, **September 24, 2015** was called to order by Councilmember Chuck Hafner, Chair, at 12:33 p.m. in room 140 of the Public Health Center, 1101 West College Avenue, Spokane, Washington.

PRESENT

Councilmember Chuck Hafner, Chair
Commissioner Todd Mielke
Commissioner Shelly O'Quinn
Councilmember Mike Fagan
Councilmember Jon Snyder
Councilmember Ed Pace (arrived at 1:35 p.m.)
Board Member Keith Baldwin, MHA
Board Member Susan Boysen, EdD, RN
Board Member Bob Lutz, MD, MPH

ABSENT

Councilmember Amber Waldref
Mayor Kevin Freeman, Vice Chair
Commissioner Al French

CITIZEN INPUT

There was no citizen input.

CHAIR REPORT – Councilmember Chuck Hafner

Board Member Susan (Norwood) Boysen was congratulated on her recent marriage.

A proposal from the Board of Health (BOH) Temporary Food Event (TFE) Permit Ad-Hoc Committee has been drafted. Staff were thanked for their work. The proposed resolution will be brought forward at the October meeting.

HEALTH OFFICER REPORT – Joel McCullough, MD, MPH, MS

Introduction of the New Community and Family Services (CFS) Division Director

Sheila Masteller has been the new CFS division director since July 28 replacing Elaine Conley. She started her career as a public health nurse at the Spokane Regional Health District (SRHD).

Spokane Regional Health District (SRHD) All Staff Meeting

An all-staff meeting was held in the Lincoln Center yesterday. The event was well received by staff. The meeting included an update on strategic planning and an external speaker who presented on “the culture of poverty.” The agency is planning to continue the meetings annually.

Centers for Disease Control (CDC) Visit

The National Institute for Occupational Safety and Health (NIOSH) that provides technical assistance to agencies regarding workers' health was in Spokane to investigate the Pacific Steel gas leak last month that sent several workers to local hospitals. The agency will investigate what happened and make recommendations for the company. The health district will receive a report from the agency on its recommendations.

Infectious Disease Brief

Pertussis numbers are similar to last meeting's report. There is only one new case of pertussis reported to date in September. The influenza season has already started with low levels of cases. It is anticipated the

flu shot will be better matched than last year. According to the CDC, flu shots received for the beginning of the season will protect people the entire flu season. Senior citizens are given high dose shots with four times the antigens to boost their immune systems adequately without the need for a second shot.

Heroin Data

For 2014, there were 73 drug overdoses in Spokane County. Sixty-four of those deaths were accidental with 17% resulting from a combination of drugs and alcohol. Two were deaths from alcohol, and 24 were illicit drug deaths. Twenty were prescription drug related and one death was unknown. The trend shows a peak in 2008 with a decline until an uptick began in 2014. Prescription and illicit drugs deaths last year were about the same. Last year, methamphetamine was the most common drug listed for contributing to death in drug overdoses (22 deaths). Heroin was second with seven. Opioid Treatment program (OTP) data shows most clients entering the program use heroin. From 2013 to 2015, there shows a steady increase of heroin users. Data for 2015 drug overdose deaths hasn't been published yet. The Medical Examiner hasn't mentioned any increases in heroin deaths this year.

Commissioner Mielke requested information from local hospital emergency rooms on heroin deaths this year commenting that the Spokane Regional Law and Justice Council is reviewing substance abuse deaths recognizing substance abuse and mental health issues influence deaths. Commissioner Mielke recommended the health district be the conveyor of the data on substance abuse deaths.

Councilmember Fagan recommended the agency work with the newly formed Safe Streets Task Force (formerly known as the Regional Drug and Gang Task Force) on a presentation to the BOH to help members gain an understanding of how drugs are brought to the area, by whom and at what volumes. He mentioned several media agencies are working towards public awareness and an education campaign. The BOH Education Committee will address the concerns of the BOH on this matter.

LEGISLATIVE UPDATE – Linda Graham, Health Policy and Communications Manager

Legislative agenda work is beginning this month with discussions with Washington State Association of Local Public Health Officials (WSALPHO), Department of Health (DOH), BOH and Exec Team on possible legislative items. The legislative agenda list will be refined by the BOH in October and a final vote on the agenda in December.

Currently, e-cigarette legislation that didn't pass last year that required licensing for sales for products, license fees, fines for selling to minors is on the list. Also on the list are immunization criteria, paid safe and sick leave, mental health and chemical dependency reforms, distracted driving legislation, and improving access to oral health services.

Board Member Baldwin requested information on the recent community health assessment that listed oral health, mental health and chemical dependency as the highest areas of need in the county be distributed to the BOH to assist in selecting the legislative agenda.

Board Members Baldwin and Snyder requested information on federal, state and local level initiatives on opioid access and disposal. Dr. McCullough will research the information and present it to the board.

Councilmember Snyder requested the educational opportunity gap Bill 1541, the homeless students' bill and the housing trust fund be considered for the legislative agenda. Related to Councilmember Snyder's request, Board Member Baldwin requested information on the school-based health clinic at Sunset Elementary School.

Commissioner Mielke requested the BOH consider the State DOH's legislative agenda when developing its own legislative agenda; in particular, the public health foundational services work. Additional items to consider for the legislative agenda include basic education and additional services in schools and marijuana revenue as a funding stream to local health jurisdictions.

Linda Graham commented DOH will focus on the e-cigarette regulations and immunizations due to the short legislative session in 2016. DOH will continue to refine work around the foundational services for public health for the 2017 legislative session.

Commissioner O'Quinn recommended limiting the legislative agenda to a few items because of the short legislative session in 2016 with the most important item as public health funding and protection of funding.

Councilmember Snyder requested information on which bills moved the farthest in session this year because there may be further movement next session.

CONSENT AGENDA

Consists of items considered routine which are approved as a group. Any member of the board may request to remove an item from the Consent Agenda to be considered separately.

Meeting Minutes: July 24, 2015
2015 Vouchers paid: July 1-31, 2015

| | | | | |
|-------------------|-------------------------------------|-------------------------------------|------------|-----------------------|
| Voucher Numbers: | #237396 - #237620 & EFT B&0June2015 | | | \$ 746,497.87 |
| Payroll Warrants: | #890941 - #890966 | Advice Numbers: #DD30695 - #DD30882 | 680,494.44 | |
| Payroll Warrants: | #892014 - #892043 | Advice Numbers: #DD30883 - #DD31073 | 660,412.91 | |
| TOTAL | | | | \$2,087,405.22 |

2015 Vouchers paid: August 1-31, 2015

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|-------------------|-------------------------------------|-------------------------------------|------------|-----------------------|
| Voucher Numbers: | #237621 - #237828 & EFT B&0July2015 | | | \$ 687,614.91 |
| Payroll Warrants: | #893969 - #893995 | Advice Numbers: #DD31074 - #DD31264 | 712,651.68 | |
| Payroll Warrants: | #895487 - #895522 | Advice Numbers: #DD31065 - #DD31454 | 669,553.15 | |
| TOTAL | | | | \$2,069,819.74 |

Motion: To approve the consent agenda including meeting minutes and vouchers as presented.

Motion/Second: Mielke/Fagan

Approved: Unanimously

REPORTS

Upcoming BOH Policy Work

From BOH Governance committee work, the Policy committee was created to review possible health district policies on the local level; such as, the bicycle helmet laws and smoking in public places. The Policy committee has been reviewing potential policies and would like to recommend bringing forward a proposed policy on e-cigarettes and vaping. A handout on concerns regarding the topic is included in BOH member packets. The committee would like e-cigarettes and vaping devices to have the same regulations as cigarettes. The committee would like to develop a plan with public involvement, have in depth discussions with the BOH on the issue, and to have the BOH vote on the policy in February or March 2016.

There was no opposition by the BOH in moving forward to develop a policy on e-cigarettes and vaping.

BOARD MEMBER CHECK IN

Adult Behavioral Task Force Meeting in Spokane – Commissioner O'Quinn

Commissioner O'Quinn is a member of the Adult Behavioral Task Force that looks at the integration of chemical dependency and mental health services (with a goal to include the integration of physical health in 2020). The meetings are typically on the Westside, but the task force was persuaded to hold the October meeting in Spokane on October 16 from 9am-3pm. Board members are welcome to attend the meeting.

Board Member Baldwin requested the recording secretary send information on the meeting to BOH members.

WSPHA Meeting/My Healthy Life Campaign/BOH Meeting Dates – Commissioner Mielke

In October, Commissioner Mielke will participate in the annual Washington State Public Health Association (WSALPHO) conference in Wenatchee as part of a panel on the foundational public health services. He congratulated staff on their good work on the *My Healthy Life* campaign.

Commissioner Mielke inquired as to the date of the October BOH meeting. It was clarified the meeting would be held the last Thursday in October. The December meeting will be held December 3, 2015.

EXECUTIVE SESSION

The Board retired for an executive session for 10 minutes at 1:33 p.m. At 1:43 p.m., the BOH members requested five additional minutes for the executive session.

MEETING RECONVENED

The BOH meeting reconvened at 1:48 p.m.

ADJOURNMENT

There being no further business before the Board the meeting was adjourned at 1:49 p.m.

APPROVED: Charles Elter / Chair
Board Member Name and Title

Date: 10/20/15

Ann R. [Signature]
Recording Secretary